

WEEK 1

July 7, 2018 to July 7, 2018

7/1/2018		7/2/2018		7/3/2018		7/4/2018		7/5/2018		7/6/2018		7/7/2018	
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast	
Orange Juice	8 oz.	TOMATO	8 oz.	CRANBERRY JUICE	8 oz.	V8	8 oz.	FRUIT PUNCH	8 oz.	PRUNE	8 oz.	CITRUS PUNCH	8 oz.
ASSORTED FRESH FRUIT	1PC	ASSORTED FRESH FRUIT	1PC	ASSORTED FRESH FRUIT	1PC	ASSORTED FRESH FRUIT	1PC	ASSORTED FRESH FRUIT	1PC	ASSORTED FRESH FRUIT	1PC	ASSORTED FRESH FRUIT	1PC
EGG ANY STYLE	1ea	EGG ANY STYLE	1ea	EGG ANY STYLE	1ea	EGG ANY STYLE	1ea	EGG ANY STYLE	1ea	EGG ANY STYLE	1ea	EGG ANY STYLE	1ea
BACON* OR SAUSAGE*	2pc	BACON* OR SAUSAGE*	2pc	BACON* OR SAUSAGE*	2pc	BACON* OR SAUSAGE*	2pc	BACON* OR SAUSAGE*	2pc	BACON* OR SAUSAGE*	2pc	BACON* OR SAUSAGE*	2pc
HASH BROWNS	1/2c	Home Fries	1/2c	HASH BROWNS	1/2c	HASH BROWNS	1/2c	Home Fries	1/2c	HASH BROWNS	1/2c	HASH BROWNS	1/2c
Oatmeal	1 c	Oatmeal	1 c	Oatmeal	1 c	Oatmeal	1 c	Oatmeal	1 c	Oatmeal	1 c	Oatmeal	1 c
Assorted Cold Cereal	3/4c	Assorted Cold Cereal	3/4c	Assorted Cold Cereal	3/4c	Assorted Cold Cereal	3/4c	Assorted Cold Cereal	3/4c	Assorted Cold Cereal	3/4c	Assorted Cold Cereal	3/4c
ENGLISH MUFFINS	2 pcs	EGGS BENEDICT	1ea	FRENCH TOAST	2 pcs.	BELGIUM WAFFLES LOX & Bagels	1 pc	Corned Beef Hash	1/2c	JELLY DOUGHNUTS	1 pc	PANCAKES W/ 1oz SYRUP	2 pcs
MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz
CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl
CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz
Always available: Scrambled eggs, Hard Boiled or Hard Fried Egg, Choice of Fresh Fruit, Choice of Toast with Jelly/Butter, Assorted Cereals *Fruit Assortment - APPLES, ORANGES, BANANAS, PLUMS, PEARS AND OTHER SEASONAL FRUITS*													
Lunch		Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
Fresh Ham	4oz	Cream of Asparagus	1c	ITALIAN WEDDING SOUP	1c	BEEF VEGETABLE SOUP	1c	Broccoli Cheddar Soup	1c	Minestrone	1c	SPLIT PEA SOUP	1c
HOME FRIES	4oz												
OMELET STATION	1ea	TURKEY CHEESE BURGER	4oz/1	BEEF, MACARONI	6oz	CHICKEN SALAD / ROLL	4oz/1	Tuna Salad Platter	4oz/1	Baked Flounder	4oz	Turkey Club Wrap	3oz/2
WAFFLE STATION**	1ea	SEAFOOD SALAD PLATTER	6 oz.	CHEF SALAD	6 oz	Hot Dog & Baked Beans	1- 6 : 1 4 oz	Grilled Ham & Cheese & Tomato Sandwich	1oz/ 2 oz	ROAST BEEF & CHEDDAR	4oz	Chicken Tenders	3 pieces
BACON* OR SAUSAGE*	2pc	SWEET POTATO FRIES	1/2c	Macaroni Salad	1/2c	BAKED BEANS	1/2c	Waffle Fries	1/2c	Baked POTATOES	1/2c	GREEN BEANS	1/2c
CHOICE OF BREAD	2pc	Potato SALAD	1/2c	COLESLAW	1/2c	SAUERKRAUT	1oz.	GREEK SALAD	1/2c	SAUTEED VEGETABLES	1/2c	Wild Rice	1/2c
MILK	8oz	ZUCCHINI	1/2c	CALIFORNIA BLEND	1/2c	TOMATO SALAD	1/2c	BLENDED VEGETABLES	1/2c	Asparagus	1/2c	YELLOW SQUASH	1/2c
ASSORTED SALADS	4oz	Mini Cheese Cake	1--1/8 SL	RICE PUDDING	1/2c	ANGEL FOOD CAKE	1--1/8 SL	TAPIOCA PUDDING	1/2c	CHOCOLATE PUDDING	1/2c	VANILLA MOUSSE	1/2c
ASST. MUFFINS AND DANISH	1ea	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz
MILK	8 oz	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl	CHOICE OF BREAD	2sl
CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz
Always available: Tuna/Egg Salad Sandwich, Peanut Butter & Jelly Sandwich, Grilled Cheese Sandwich, Cottage Cheese, Fruit of the Day													
Dinner		Dinner		Dinner		Dinner		Dinner		Dinner		Dinner	
TOMATO TORTELLINI	1c	Cream of Asparagus	1c	ITALIAN WEDDING SOUP	1c	BEEF VEGETABLE SOUP	1c	Broccoli Cheddar Soup	1c	Minestrone	1c	SPLIT PEA SOUP	1c
TOSSED SALAD	1/2c	SPRING MIX SALAD	1/2c	CAESAR SALAD	1/2c	Hamburger	4oz	SPRING MIX SALAD	1/2c	FRUIT CUP	1/2c	GARDEN SALAD	1/2c
ROAST TURKEY	6oz	Quiche Lorraine	1/8cut	Beef and Broccoli	8 oz.	BBQ Chicken	4oz	MARYLAND CRAB CAKES	4oz	Sole Lemon Piccata	4 oz	Grilled Chicken Caesar Slalad	3 oz chicken
Rigatoni Bolognese	6 oz	Bread Veal Patty Parm	6oz	Chicken Cordon Bleu	4oz	Corn on the Cobb	1/2c	Penne with Broccoli & Chicken	8oz	STUFFED SHELLS topped with Mozzarella	3 Shells/1oz	BACON CHEESEBURGER	4oz
BOILED RED BLISS	1/2c	GARLIC MASHED POTATOES	1/2c	Wild Rice	1/2c	Baked Beans	1/2c	FIESTA RICE	1/2c	Cauliflower	1/2c	STEWED TOMATOES	1/2c
STRING BEAN ALMONDINE	1/2c	DILL CARROTS	1/2c	Brussel Sprouts	1/2c	Cole Slaw	1/2c	Cole Slaw	1/2c	Brown Rice	1/2c	FRENCH FRIES / Baked Sweet Potato	1/2c
Sauted Squash	1/2c	Spinach	1/2c	Sugar Snap Peas	1/2c	Potato Salad	1/2c	VEGETABLE MEDLEY	1/2c	GERMAN BLEND VEGETABLES	1/2c	GREEN PEAS	1/2c
CHERRY Pie	1--1/8 SL	Black Forest Cake	1/2c	Pat De Crème	1--1/8 SL	Watermelon	1 1/2pc	Lemon Sorbet	1/2c	Marble Cake	1--1/8 SL	LEMON MERINGUE PIE	1--1/8 SL
MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz	MILK	8oz
CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz	CHOICE OF BEVERAGE	8oz
Always available: Tuna/Egg Salad Sandwich, Deli Sandwich, Baked Chicken, Tossed Salad with Dressing													